

Health Education Core Idea: Sexual Health (Se)

Topic	Kindergarten	Grade 1	Grade 2	Grade 3	Grade 4	Grade 5
1. Anatomy and Physiology	Understand boys and girls have some body parts that are the same and some that are different. H1.Se1.K	Identify medically accurate names for body parts, including external reproductive anatomy. H1.Se1.1	Use medically accurate names for body parts, including external reproductive anatomy. H1.Se1.2	Recognize medically accurate names for body parts, including internal and external reproductive anatomy. H1.Se1.3	Label medically accurate names for body parts, including internal and external reproductive anatomy. H1.Se1.4	Understand functions of reproductive systems. H1.Se1.5
2. Growth and Development	Understand living things grow and mature. H1.Se2.K	Describe how living things grow and mature. H1.Se2.1	Understand physical changes are part of growth and development. H1.Se2.2	Understand puberty is part of the process of growth and development. H1.Se2.3	Understand physical, social, and emotional changes occur during puberty. H1.Se2.4a Recognize puberty and physical development can vary considerably. H1.Se2.4b	Identify ways to manage physical, social, and emotional changes that occur during puberty. H7.Se.2.5 Describe how puberty and physical development can vary considerably. H1.Se2.5
3. Reproduction	<i>Developmentally appropriate outcomes first appear in grade 2.</i>	<i>Developmentally appropriate outcomes first appear in grade 2.</i>	Understand living things can reproduce. H1.Se3.2	Understand humans can reproduce. H1.Se3.3	Understand reproductive organs allow living things to reproduce. H1.Se3.4	Recognize puberty prepares the body for reproduction. H1.Se3.5
4. HIV Prevention	<i>Developmentally appropriate outcomes first appear in grade 4.</i>	<i>Developmentally appropriate outcomes first appear in grade 4.</i>	<i>Developmentally appropriate outcomes first appear in grade 4.</i>	<i>Developmentally appropriate outcomes first appear in grade 4.</i>	Understand how communicable diseases are transmitted. H1.Se4.4	Define human immunodeficiency virus (HIV). H1.Se4.5a

Health education teachers should provide a variety of age-appropriate and grade-level opportunities for students to demonstrate skill development and competency. They should not, however, use the standards to compare students. The standards and outcomes consider differences in cultural norms and access to resources outside of school and include alternative activities to engage students. Health education teachers may modify terminology when implementing the standards to ensure that students understand the concepts. The Health Education Glossary contains definitions for many of the terms used in the standards and outcomes.

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						Identify methods of transmission and prevention of HIV. H1.Se4.5b
5. Self-Identity	Understand there are many ways to express gender. H1.Se5.K	Explain that there are many ways to express gender. H1.Se5.1	Understand there is a range of gender roles and expression. H1.Se5.2a Understand importance of treating others with respect regarding gender expression. H1.Se5.2b	Explain that gender roles can vary considerably. H1.Se5.3a Understand importance of treating others with respect regarding gender identity. H1.Se5.3b	Identify how friends and family can influence ideas regarding gender roles, identity, and expression. H2.Se5.4 Demonstrate ways to show respect for all people. H4.Se5.4 Define sexual orientation. H1.Se5.4	Describe how media, society, and culture can influence ideas regarding gender roles, identity, and expression. H2.Se5.5a Promote ways to show respect for all people. H8.Se5.5 Identify trusted adults to ask questions about gender identity and sexual orientation. H2.Se5.5b
6. Healthy Relationships	Recognize characteristics of a friend. H1.Se6.Ka	Describe characteristics of a friend. H1.Se6.1a	Identify characteristics and benefits of healthy friendships.	List characteristics of healthy and unhealthy friendships. H1.Se6.3a	Describe characteristics of healthy friendships and other	Differentiate between healthy and unhealthy relationships.

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